DISHES AND THEIR ALLERGEN CONTENT – The Egryn Abersoch – Starters and Nibbles

DISHES					De.	Lupin Flour	Milk		MUSTARD					Boor WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bread Basket		√ Wheat												✓
Garlic Bread/ cheese		√ Wheat					✓							
Deli Platter		√ Wheat		1			✓						•	
Melting Pot		√ Wheat, barley					✓							
Tempura Prawns	1	√ Wheat	/		•		✓	✓					•	✓
Fishcakes		√ Wheat		✓	•		✓							
Thai Beef Salad		√ Wheat							1				•	
Pate		√ Wheat/Barley								(✔)	(√)	(√)	(√)	
Corn Fritter		√ Wheat		1			1							
Goat's cheese salad		√ Wheat					1			√ Walnuts			1	1